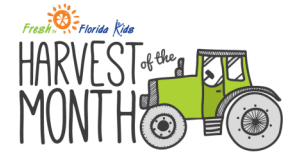




# GARDEN ACTIVITY

## Natural Food Dyes



FOLLOW THESE EASY RECIPES TO MAKE FRESH FRUIT AND VEGETABLE DYES! THEN, USE THE DYES TO MAKE "GARDEN CLUB" T-SHIRTS!

### Blue-Grey

Mix 1 cup frozen blueberries with 1 cup of water. Bring to room temperature and remove the blueberries.



### Orange

Simmer the skins from 6 yellow onions in 2 cups of water for 15 minutes. Cool and strain. Add 3 tsp white vinegar.



### Jade Green

Simmer the skins from 6 red onions in 2 cups of water for 15 minutes. Cool and strain. Add 3 tsp white vinegar.



### Pink

Add 1 cup of chopped beets to 3 cups of boiling water. Cool and remove the beets. Add 2 tsp white vinegar.



### Lavender

Add 1 tablespoon of white vinegar to 1 cup of purple grape juice.



### Yellow

Simmer 3/4 cup of carrot tops in 1-1/2 cups of water for 15 minutes. Cool and strain. Add 2 tsp white vinegar.



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